





# CORNISH PANTRY

# WELCOME TO THE CORNISH PANTRY

Authentic Cornish dishes
Fresh local produce | Daily lunch specials



We are proud to offer an array of dishes all prepared and *cooked to orde*r by our *award winning* team using the finest fresh *local produce*.

Thank you for visiting and we hope you enjoy your meal.  $\lor = Vegetarian$ .  $\lor G = Vegan$ . GF Gluten free available.









# DRINKS MENU

# HOT DRINKS

Espresso £2.00

Double Espresso £3.00

Americano £2.75

Flat white £2.75

Cappuccino £2.95

Mocha £3.00

Pot of Tea £1.95

**Speciality Teas** £2.00

Chai Latte £2.75

Pot of Tea for two £3.90

Pot of Tea for three £5.85

Hot chocolate £2.95

**Deluxe hot chocolate £3.50** 

Marshmallows, whipped cream & flake

Dairy free milk free alternatives available

# COLD DRINKS

Pepsi / Diet Pepsi, Lemon Lime, Vimto, Orange £2.00

Fruit shoots £1.20

Blackcurrent & Apple or Orange

**Water** £1.20

Still or sparkling

Fruit Juice £1.95

Orange or Apple

Cornish Orchards Pressé £2.45

Apple, Lemonade, Elderflower or Ginger Beei

Thick shakes small £2.00 large £3.00

# **ALCOHOL**

All £4.50

Rattler Cider

Apple, Pear or Berry

Ales

Lushingtons, Betty Stogs, Hops & Honey, Cornish Knocker Porthleven or Doom Bar

Lager

Kore

Wine

Chardonnay, Shiraz or Rosé

# ALL DAY BREAKFAST

### Our Famous Full Cornish Breakfast £9.75

Fried egg, bacon, sausage, hogs pudding, hash browns, fried bread, fresh tomato, baked beans and mushrooms. Piled high the traditional Cornish way on a miner's shovel (or a plate if you prefer!). GF option available

### Veggie Full Cornish Breakfast £9.25

Two veggie sausages, tomatoes, hash browns, mushrooms, fried eggs, fried bread and baked beans. V

### Kids Breakfast £5.75

Fried egg, bacon, sausage, hogs pudding, hash brown, toast, baked beans, mushroom and tomato. V option available

### **Bubble & Squeak** £6.95

A traditional favourite, topped with crisp local bacon and a fried egg.

### Stack of Pancakes £5.25 V

Smothered in maple syrup. *Add bacon £1.25* 

### Eggs Royale £7.95

Grilled English muffin topped with smoked salmon and a soft free range poached egg, finished with hollandaise sauce.

### Eggs Benedict £6.50

Grilled English muffin topped with local bacon and a soft free range poached egg, finished with hollandaise sauce.

### **Cornish Pantry Cheddar Porker** £7.25

Hungry? How about a filled sub roll crammed with sausages, bacon and onion then topped with melted Cornish Cheddar.

### **Bacon or Sausage Sandwich £4.75**

Grilled rasher of thick cut local bacon or pan fried sausages. *Add a free range fried egg £1.00* 

Beans on toast £3.95 V Poached eggs on toast £4.25 V Mushrooms on toast £4.25 V Add spinach £1.50 Add smoked salmon £2.00

### ALLERGY ADVICE

# MAIN MEALS

### **SOMETHING SPECIAL?**

Please see the blackboard for today's selection.

# **Proper Job Pantry Burger** £12.50

Chargrilled the way you like it. Local beef, crisp lettuce and tomato chutney served on a bun with thick cut chips.

Add cheese £1.00

Add bacon £1.25

### **The Dirty Pantry Burger** £14.95

Take a half pound burger, then add cheese, bacon, onion rings and pulled pork. Topped with tomato chutney and served with homemade coleslaw and thick cut chips. We call it the dirty burger because that's what your shirt will be when you've finished it!

# Clacky Pig £11.50

Local pork shoulder slow roasted for eight hours then hand stripped and marinated in our delicious apple and barbecue sauce. Stacked in a fresh bread roll with crisp lettuce and mayo then served with homemade coleslaw and thick cut chips.

### Venison Stew £13.50

A hearty bowl of venison stew served with toasted focaccia and caramelised onions

# Chicken, Leek & Ham Pie £12.95

Served with buttered new potatoes and seasonal vegetables

# Sausage & Mash £10.95

Cornish pork sausages served with creamy mashed potatoes, peas, braised red cabbage and onion gravy.

### Fish Pie £11.95

White fish, prawns and smoked salmon in a creamy sauce topped with cheesy mashed potato and served with salad and toasted bread.

## Catch of the Day £12.25

Fresh white fillet, dipped in homemade cider batter served with homemade tartare sauce, peas and thick-cut chips. Brought to your table in a fish basket and newspaper. GF option available

### ALLERGY ADVICE

# MFAT FRFF

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### Licky Pie £11.25

A traditional favourite! Leeks cooked with garlic and white wine, topped with sliced potatoes and cheese then served with a wedge of fresh bread and salad. V GF options available

### Mushroom Tagliatelle £11.95

Wild mushrooms cooked in a white wine cream sauce with garlic bread. V

### Halloumi & Mushroom Burger £11.50

Grilled halloumi with a large flat mushroom and tomato relish in a toasted bun, served with thick cut chips, dressed salad and coleslaw. V

### **Vegan Clacky Jack** £10.95

Jackfruit marinated in our delicious apple and barbecue sauce. Stacked in a fresh bread roll with crisp lettuce and tomato then served with homemade coleslaw and thick cut chips. VG. GF

### **Vegan Loaded Chips** £10.95

Thick cut chips topped with barbecued pulled jackfruit, vegan cheese and spring onions. VG. GF

### Vegan Sweet Potato & Spinach Curry £10.95

Served with rice and poppadoms. VG. GF

# LIGHT BITES AND PLATTERS

### Chef's Homemade Soup of the Day £5.25

With fresh baked croutons, sea salt rosemary focaccia and Cornish butter. GF

### Ploughman's Platter £11.50

A wedge of Davidstow Cheddar and home cooked ham, served on a chopping board with warm crusty bread and butter, pickled onions, homemade coleslaw, tomato chutney and a dressed salad garnish. GF

### Confit Duck Leg Salad £12.95

A fresh green salad topped with confit duck leg in a plum and hoisin sauce, toasted sesame seeds and spring onions.

### Chilli Beef Nachos £10.95

Tortilla chips topped with beef chilli, melted Davidstow Cheddar and sour cream.

### Loaded Chips £10.95

Thick cut chips loaded with pulled pork, melted Davidstow cheddar and sour cream. GF

### ALLERGY ADVICE

For information about food allergies and intolerances please ask a member of staff. We store, produce and display food where allergens are handled and while we try to keep things separate, we cannot guarantee that any item is allergen free.

# SANDWICHES

Choose fresh brown, granary or white bread. Served with a dressed salad garnish GF options available

Egg mayonnaise £5.95 Davidstow Cheddar £6.25 Fresh baked ham £6.50 Fish fingers £7.50

Prawn & Marie-Rose sauce £7.75

Smoked salmon £8.25

# **JACKETS**

Served with a dressed salad garnish and Cornish butter. GF

Davidstow Cheddar £7.2! Fresh baked ham £7.50 Beef chilli £8.50 Prawn & Marie-Rose sauce £8.7

# HOT SUB ROLLS

Served with a dressed salad garnish.

Fresh baked ham & Davidstow Cheddar £6.95
Bacon, lettuce and tomato relish £7.50
Roasted meat of the day - see daily specials £7.95
Steak & blue cheese £8.50

Add a mug of soup or chips to any sandwich for just £2.00

# KIDS MENU

Served with your choice of baked beans, peas or salad. All £5.50

Cornish pasty & chips
Tolgus tomato pasta & garlic bread V
Chicken nuggets & chips
Sausage & chips
Fish fingers & chips

# A BIT ON THE SIDE

Thick cut chips £3.50 Homemade coleslaw £2.00 Garlic bread £3.50 Sweet potato fries £3.95 Onion rings £3.50 Cheesy chips £3.95 Cheesy garlic bread £3.95 Cornish chutney £2.00

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# SUNDAY CARVERY

Join us on Sunday between 12pm – 2.30pm for a delicious Roast. The finest locally sourced meats served with a selection of local seasonal vegetables. V option available

Adult £10.50Carvery and dessert-adult£13.95Child (under 13's) £8.50Carvery and dessert-child£10.25



# WE LOVE TO WORK WITH OUR LOCAL PRODUCERS:

Carr Butcher - St Agnes Cornish Coffee - Redruth

Celtic Fish & Game - St Ives Rodda's Cream - Redruth

Westcountry Fruit Sales - Falmouth Colin Carters' Eggs - Truro

Prima Bakeries - Redruth Callestick Ice Cream - Callestick

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# OPEN 7 DAYS A WEEK

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For today's selection of mouth-watering cakes and pastries *please see the counter*